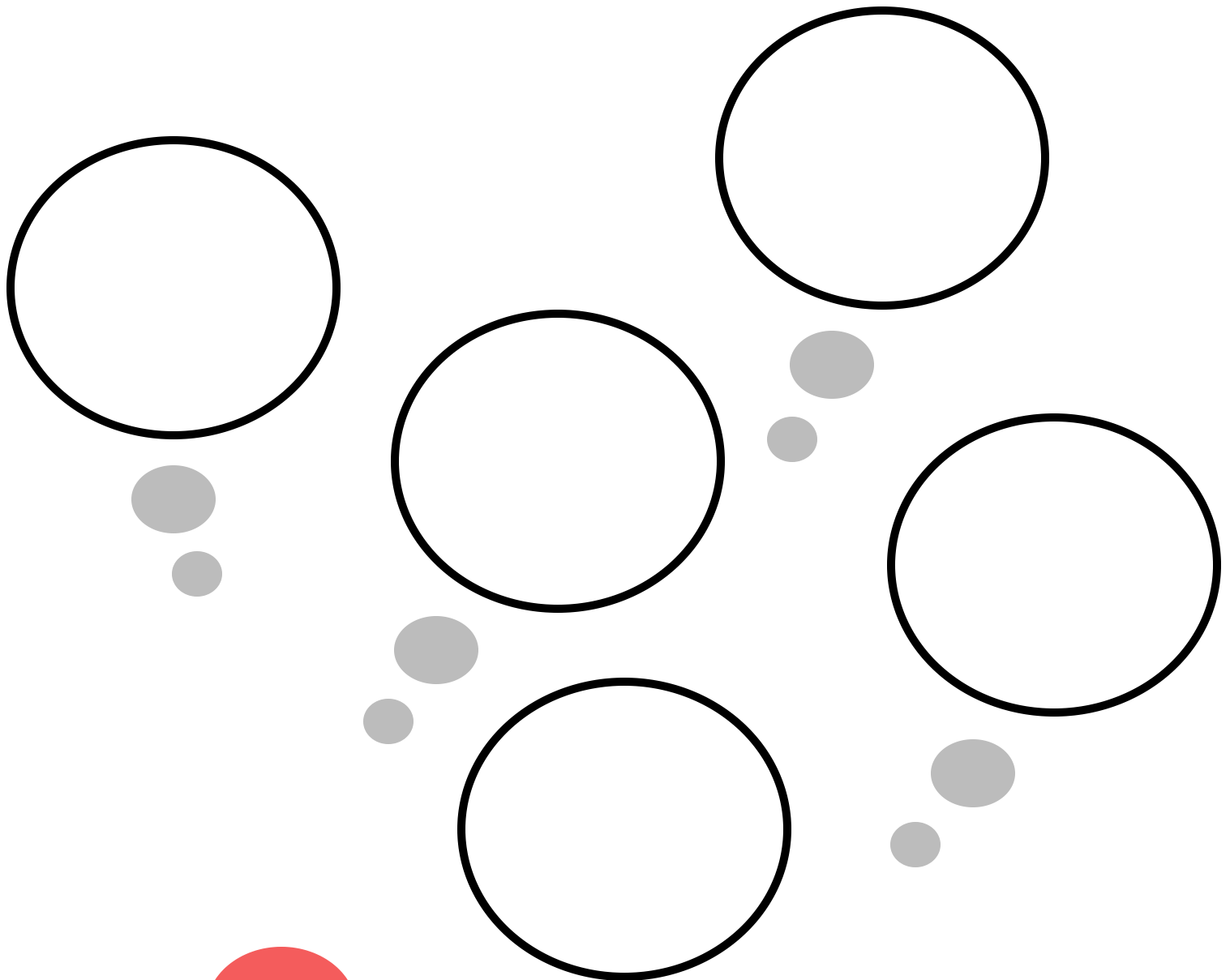


# SUPPORT CIRCLES



Think about the people who could support you, or the helpful things you could do, if you were stressed, sad, or needed help.  
Write or draw your ideas in the thought bubbles!