ᑯᐱ′-19 ᐃᓂᓂ·ᐊᑦ ᐅᒋ ᐁᓇᐃᑲ′ ᐊ·ᐁᓇ ᑲ ᑭ ᓂᐱ′

ᐊᓂᒪ ᐅᒋ:

ᐅᒪ ᒪᓯᓇᐃᑲᐣ ᑭᐸᑭᑎᓂᑲᒐᒍᑦ ᑭᒋ ·ᐃᒋᐃᑯᒋᑦ ᐃᓂᓂ·ᐊᑦ ᑲ ᐃᓗ ᐯᐯᔭᑯᒐ·ᐃᓯᒋᑦ ᐁᑲ ᕿᑲᓂᑦ ᑭᒋ ᐊᑯᐃᑯᒋᑦ ᐁ ᐃᑐᒐᒋᑦ ᐁᓇᐃᑲᒥᒋ ᑲ ᑭ ᓇᒪᒐᓂᒋ ᒣᑲᒻ ᐁ ᐃᑕ·ᑲᑦ ᐊᑯᓯ·ᐃᐣ ᑯᐱ′-19

ᐁᑯᓗ ᑲᓇ·ᐊᐸᑕᒧᑦ:

ᑲᒋᐸᔭᑎ·ᑲᓯᓇᓱᒋᑦ ᐊᐸᒋᐊᑲᓇᑦ ᑭᑦᕿᓂᑕ·ᒪᑦ ᑲ ᑐᑕᒥᓂᒋ ᐃᓂᓂ·ᐊ ᐅᑕ ᑲᓇᑕ ᕋ·ᐸᑦᑲᒥᑦᒌ ᑲᑕᑎᑭ ᐃᒡᑯᓂᑲᓇ ᓇᓇᑲᐣ ᑐᑕ·ᒪᑦ ᐁᓄᒋᒋᐸᔭᒋᑦ ᑲ ᑐᑕᑭᑦ ᐅᑎᑕᑦᑲᓂᓯ·ᐃᓂ·ᐊᐣ ᐁᓄᓯᓂᐅᑭᑦᒌ ᒣᑲᒻ ᑯᐱ′-19 ᐊᑯᓯ·ᐃᐣ ᐁ ᐃᑕ·ᑲᑦ ᒧᓇ ᒪᒡᑯᒻ ᑲ ᑭ ᐃᓂᓂᓇᐣ ᐅᒪ ᑭᒋ ᑐᒋᑲᒐᑦ ᐊᑕ ᐁ ᑭᑦᒐᓂᑕ·ᑲᑦᒌ ᒪᒪ·ᐃ ᐊᐸᑎᓯᑕ ᑲᒥᑦᕿᓇᓇᐣ ᑕᐣᒐ ᕿ ᑭ ᐅᒋ ·ᐃᒋ·ᑕᔭᑦ ᐁᑲ ᑭᒋ ᑭᒥᓯᒐᐸᓂᑦ ᐅᒪ ᐊᑯᓯ·ᐃᐣ ᑯᐱ′-19 ᐃᓂᓂ·ᐊᑦᑭᔭ ᑲ ᐃᓗ ᐃᑕ·ᑲᑭ ᑕᑐᒐᓇᐣ ᑭᑦᕿᑭᑕ·ᑲ·ᐁ ᓄᑦᑕ ᑲᓂᑲᓂᒋᑦ ᐅᑎᑕ·ᐃᓂ·ᐊᑦ ᑲᑐᒋᑲᒐᓂᑦᒌ ·ᐃᐊᓂᒧᑕ·ᑲ·ᐁ ᐅᑕ ᑕᑭ ᐯᒋ ᐃᓗ ᐊᔭᒧ·ᐊᑦ 1-833-937-1597.

ᐁᓄᒋᒋᐸᔭᓂ·ᐊᑦ ᒣᑲᒻ ᐊᑯᓯ·ᐃᐣ ᑯᐱ′-19

1) **ᐁᑲ ᑭᒋ ᐸᐯᕋ·ᐊᐸᒥᑐᓇᓂ·ᐊᑦ:** ᑲ ᐃ·ᑕᓂ·ᐊᑦ 5 ᓄᑦᑕ ᐱᑯ 10 ᑕᑐ ᐊ·ᐁᓂᑲᓇᑦ ᑭᒋ ᑕᓗᒋᑦ ᐊᔭ·ᑲᒥᓯ·ᐃᐣ ᐅᒋᑭ ᐅᑯ ᒪᑲ ᐊ·ᐁᓂᑲᓇᑦ ᒧᓇ ᓇᑕ·ᐁᓂᑕᑯᓯ·ᐊᑦ ᑭᒋ ᐅᔭᒥ ᐯᕋ·ᐊᐸᒥᑐᒋᑦ 2 ᒥᓯ′ ᑭᒋ ᐃᑦᐱᑐ·ᐊᐸᒥᑐᒋᑦ ᐃᑕᕋ·ᐊᓂ·ᐊᐣᑭ ᒧᓇ ᑕ·ᐊᒋᔭᒥᑐᓇᓂ·ᐊᐣ ᓄᑦᑕ ᐱᑯ ᑕᑯᓂᑐᓇᓂ·ᐊᐣᑭ ᐁᑲ ᐱᑯ ᑲᓇᕿ ᑭᒋ ᐯᕋ·ᐊᐸᒥᑐᓇᓂ·ᐊᑦ ᐁᑲ ᑭᒋ ᓇᑭᐅᒪᑲᑦ ᐊᑯᓯ·ᐃᐣ ᑯᐱ′-19 ᐃᒡᑯᓂᑲᓂᑦ ᐃᓂᓂ·ᐊᑦ ᑲ ᐃᑕᒋᑦ ᑲ ᐃᓗ ᒪᒪ·ᐃ ᑕᓗᕿᒋᑦ ᒧᓇ ·ᐃᓇ·ᐊᑦ ᐅᒪ ᑕᑐᑕ·ᒪᑦ ᓂᕋ ᒥᓯᑦ ᑭᒋ ᐃᑦᑕ·ᐊᐸᒥᑐᒋᑦᒌ

2) **ᐊᑯᑐᓄᐱᓯ·ᐃᐣ/ᐊᑯᒐᐱᐱᓯ·ᐃᐣ**: ᐁ ᑭᒡᑭᑲᒐᑭ ᐊᑯᑐᓄᐱᓯ·ᐃᐣ/ᐊᑯᒐᐱᐱᓯ·ᐃᐣ ᐁ·ᑲᓂᒪ ᒥᓇ ᑯᑕᑦ ᐁ ᐊᔭ·ᑲᒥᓯᓇᓂ·ᐊᑦ ᐁ ᐊᐸᑕᑭ ᐅᔭᒥ ᐊᓂᑭ ᐁᑲ ᑲᑭᑐᑕᑭᑦ ᑭᒋ ᓇᓇᑲᑕ·ᐁᓂᑕᑭᑦ ᕿ ᐃᑦᐱᓯ·ᐊᐸᒥᑐᒋᑦᒌ ᑭᒋ ᐃᑕ·ᑲᑦ ·ᐁᐱᓂᑲᓂ·ᐊᑊ ᑭᒋ ᐱᑕ·ᐁᒡᑭᓄᑦ ᕿ ᐃᓗ ·ᐁᐱᓂᑲᒐᑭ ᐊᑯᑐᓄᐱᓯ·ᐃᓇ ᑲ ᐃᓗ ᓄᒋᒋᐸᔭᓂ·ᐊᑦᒌ ᒧᓇ ·ᐊᔭᒡ ᐃᑭᐣ ᑭᒋ ᑲᓯᒋᒐᓂ·ᐊᑦ ᓄᑦᑕ ᐱᑯ ᑲᓯᒋᒐᑲᓇᐳᔮ ᐁ·ᐸᒪᓗ ᕿᒋᑯᓇᒪᐣ ᑭᑕᑯᑐᓄᐱᓯ·ᐃᐣ ᑭᕋᑦᐱᐣ ᓂᐱ·ᐊᕿᑲ ᐊᐸᒋᑕᔭᐣ ᐊᒋᑕ ᑯᑕᑦ ᐊᐸᒋᑕ ·ᐃᐸᑦ ᐅᒪ ᑕᑐᒋᑲᒐᑭᒌ ᒪᑯᓇᒪᓄ #6 ᑲ ᐃᑕᓯᓇᒐᑦ ᑲ·ᐊᐸᒐᐣ ᑭ ᑭᑦᑭᓄ·ᐊᐸᑕᒪᐣ ᓄᑦᑕ ᑲ·ᐊᐸᒐᐣ ᐊᓄᑦ ᑲ ᐃᑕ·ᑲᑭ ᑲ ᐃᓗ ᐃᑕᔭᐣ ᐃᒐᕿᑦᑲᒥᑦᒌ

3) **ᑲᓯᒋᒐᑲᓇ ᑲ ᐃᓗ ᐃᑕ·ᑲᑭ:** ᒧᓇ ᓇᑕ·ᐁᓂᑕ·ᑲᐣ ᐊ·ᐁᓂᑲᐣ ᑭᒋ ᓇᓇᓗ·ᕿᓂᑎᓯ′ᒌ ᐊ·ᐁᓂᑲᐣ ᐁ ᐅᑦᑐᑦᑐᑕᑦ ᓄᑦᑕ ᐱᑯ/ ᐁᒐᒐᒧ′ ᓄᐯᒥᑦᑕ ᓯᓂᕿᑯᒥᐅᓇ ᕿ ᐃᓗ ᒐᒐᒧ′ ᑭᒋ ᑭ·ᐁᐱᓇᑦ ·ᐁᐱᓂᑲᓂ·ᐊᑎᑦᒌ ᑭᒡᑲ ᒪᑲ ·ᑲᔭᑦ ᑭᒋ ᑲᓯᒋᒐᓂ·ᐊᑦᒌ ᑕ·ᐃᑕᒪ·ᐊᑲᓂ·ᐊᑦᓇᑦ ᐊ·ᐁᓂᑲᓇᑦ ᑭᒋ ᒐᒐᒧᑦ ᐅᑐᑦ·ᑲᓂ·ᐊᑦ ᐃᒐᕿ ᓄᑦᑕ ᐱᑯ ᓯᓂᕿᑯᒥᐅᓂᓂ° ᑭᒋ ᐊᐸᒋᑕᒋᑦ ᒧᓇ ·ᐃᓇ ᐅᑕᑯᑐᓄᐱᓯ·ᐃᓂ·ᐊ° ᓄᑦᑕ ᐱᑯ ᐊ·ᑲᓂᒐᐸᐸᓱ·ᐃᓂᑦᒌ ᐸᑭᑎᓇᒧᑦ ᕿ ᐃᓗ ᑲᓯᒋᒐᓂ·ᐊᑦ ᓄᑦᑕ ·ᐁᐱᓂᑲᓂ·ᐊᑊ ᑭᒋ ᓇᑦᐸᑯᕿᑦ ·ᐁᐱᓂᑲᓂᒥ·ᐊᑊᒌ ᑭᒋ ᐸᔭᒐᓇ·ᑲᑦ ᒪᓯᓇᐃᑲᐣ ᑭᒋ ·ᐃᒋᑲᒐᑦ ᑲ ᐃᓗ ᑲᓯᒋᒐᓂ·ᐊᑦ ᐁᑲ ᐃᑕ·ᑲᕿ ᑲᓯᒋᒐᑲᓇᐳᔮ ᑲᑕ ᐊᐸᑕᐣᒌ https://www.canada.ca/en/health-canada/services/drugs-health-products/disinfectants/covid-19/hand-sanitizer.html

4) **ᑭ ᐃᓱ ᐃᑕᑦᑲᑦ:** ᐊᓇᐃᑎᒥᑦ ᐃᓱ ᒋᐸᔭᒥᒋᑭ ᑲᑕ ᒥᓇᓱᑉ ᐊᓇᐃᑎᒥᑦ ᓄᓄᐃᑉ ᐅᒋ ᓄᑦᑕ ᑭ ᐃᑦᐱᓱᐊᐸᒥᑐᓇᓂᐊᑦᑯ ᑲᑕ ᒥᓇᓱᑉ ᑕᓱᓄ ᑭᒋ ᑲᓯᓂᑲᓂᐊᑦ ᓄᑦᑕ ᑉᑐᑯᑕᓂᐊᑦ ᐃᑦᑲᓂ ᑭᓱᑦ ᐅᒪ ᑭᒋ ᑐᒋᑲᑎᑦᑯ ᒪᐊᑉ ᐅᔭᒥ ᑲ ᐃᓱ ᒥᑦᑎᓇᓂᐊᑦᑯ ᑭᒋ ᒪᓯᓇᑎᑦ ᐊᑦᐅᓂᑲᑉ ᐅᒪ ᑭᒋ ᑭᑕᐸᒋᐃᑉᑯ ᓄᑦᑕ ᑭᒋ ᑎᐸᐸᒥᑦ ᑕᑐ ᑭ ᑭ ᐃᑐᑎᒋᑦ ᐊᑦᐊᑦᑕᑯ ᐅᑲ ᓱᑭ ᑭᒋ ᒥᑦᑎᒋᑦ ᒥᑦᑲᓇᑦ ᓄᑦᑕ ᐊᓇᐃᑦᐃᑲᒥᑯᑦ ᓄᑦᑕ ᑭᒋᓂᑦᑯ ᑕᑐ ᑭ ᑭ ᐱᑐᑦᑭᒋᑦ ᐊᑦᐊᓇᐃᐃᑲᒥᑯᑦᑯ ᑯᒋᑕᑦ ᑭᒋ ᐊᒍᐃᓂᑲᑎᑭ ᑎᑕᐳᑦᐃᓇ ᑭᒋ ᑭᑦᑎᓂᒋᑲᑎᑦ ᑲ ᐃᑕᕈᑦᐊᓂᑦᐊᑦᑯ

5) **ᐅ ᐊᔭᒥᒋᑲᓂᑦᐊᑦ:** ᑭᑦᑎᓇᑉ ᑭᒋ ᓇᓇᑦᐊᐸᒥᑐᓇᓂᑦᐊᑦᑯ ᑭᒋ ᐅᓱᑕᓂᑦᐊᑦ ᒪᓯᓇᐃᑲᑉ ᑭᑐᒋᑲᑎᑦ ᐃᓂᓂᑦᐃ ᐊᔭᒥᒋᑭᑦᐃᓂᑦ ᑕᐱᑐᑯᑉ ᐊᑦᐅᓂᑲᑉ ᑲ ᑲᓇᑦᐊᑐᑯᑕᑦᐅᑊ (ᐅᓇᓇᑲᒋᑕᑊ ᐃᑐᑯᑎᓂᑦ) ᑲᒪᑦᑎᐃᑭᒋᑦ/ᑲᓂᑲᒧᒋᑦ ᑲᔭᒥᒋᑭᒋᑦᑯ ᑕᓱᓄ ᑕᓱᑭᒥᑦᐊᓂᑦᐊᑉ ᑭᒋ ᓇᓇᑲᒋᑕᓂᑦᐊᑦ ᐅᑲ ᑭᒋ ᐯᐯᕐᑦᐊᐸᒥᑐᓇᓂᑦᐊᑦᑯ ᑲ ᐃᓱ ᐯᐯᔭᑯᑎᑦᐃᓯᓇᓂᑦᐊᑦ ᑭᒋᒥᒥᑐᑯᑉ ᐃᑐᑕᓂᑦᐊᑦ ᑲ ᐃᓱ ᐊᔭᒥᒋᑲᓂᑦᐊᑦᑯ ᓄᑦᑕ ᑭᒋ ᑭᑦᑭᓄᑦᐊᒋᑕᓂᑦᐊᑦ ᑭ ᐃᓱ ᐸᑭᑎᓂᑲᑎᑭ ᐊᑦᐅᓂᑲᑉ ᑲᕐᐅᓂᒋᑭᑊ ᑭᑦᑲᓂᑦ ᐊᓂᑭ ᐅᑲ ᑲ ᑭ ᐃᑐᑎᒋᑦ

ᒪᑯᓇᒪᓄ #6 ᑲ ᐃᑕᓯᓇᑎᑦ ᑲᑦᐊᐸᑎᑉ ᑭ ᑭ ᑭᑦᑭᓄᑦᐊᐸᑕᒪᑉ ᓄᑦᑕ ᑲᑦᐊᐸᑎᑉ ᐊᓄᑉ ᑲ ᐃᑦᑕᓂᑦᐊᑦ ᑭᑦᑲᓇ ᑲ ᐃᑕᑦᑲᑭ ᑲ ᐃᓱ ᐃᑕᔭᑉ ᐃᑎᑭᑦᑲᒥᑦ

ᐅᒋᐸᔭᒥᒋᑲᓂᑦᐊᑦ ᑭᑦᑲᓇ ᐅᑲ ᑭᑭᑐᒋᑲᑎᑦ

- **ᐅᒧᑦᐊᐱᒋᑲᑎᑦ ᒥᔭᑉ:** ᑲᑐᒋᑲᑎᑦ ᒪᓇ ᑲᒪᒥᑦᑎᒋᑦ ᐊᑦᐅᓂᑲᓇᑦ ᐅᒧᑦᐊᐱᑦᑕᑭᑦ ᒥᔭᑦᐃᓂᑉ ᐱᑐᑦᑲᒥᑦ ᐅᑎᓂ ᒧᓇ ᐸᑭᑎᓂᑲᑎᑉ ᐅᒪ ᑭᒋ ᑭᒧᑦᐊᐱᒋᑲᑎᑦ ᒥᔭᑉᓂᑉ

- **Lᒪᑦᐃ ᒪᑯᕐᓇᑦᐃᑉ:** ᐃᑦᑕᓂᑦᐊᑉ ᐅᒪ ᑲᒪᒥᑦᑎᒋᑦ ᒧᓇ Lᒪᑦᐃᐃᑐᓇᓂᑦᐊᑉ ᑕᑉᑎ ᐱᑯ ᒥᑦᑲᑉ ᐅ ᐃᑕᑦᑲᑦ ᐊᑯᓯᑦᐃᑉ ᑯᐱᑊ-19ᓯ ᐊᑕᑦᐃᓇ ᑲᑕ ᑭ ᐊᕐᒪᑲᓂᑦᐊᑦᓇᑦ ᑲᒪᓂᐸᓂᒋᑦ ᐊᑦᐅᓂᑲᓇᑦ ᑲ ᐃᓱ ᐱᔭᑯᑎᑦᐃᓯᒋᑦᓯ

- **ᐅᑲᓯᓂᑲᑎᑦ ᒥᔭᑉ:** ᐃᑦᑕᓂᑦᐊᑉ ᑲᑦᐊᑯᒪᑲᓂᑊ ᐅᑲ ᑦᐃᓇ ᐅᒪ ᑭᒋ ᑭᑐᑕᑦ ᑭᕐᑦᐱᑉ ᐊᑦᐅᓂᑲᑉ ᓂᐸᐃᑯᓚ ᐅᒣᓂᑉ ᐊᑯᓯᑦᐃᓂᓂᑉ ᑯᐱᑊ-19 ᑭᑦᐃᑕᑦᑭᒪᑲᓇᑦ ᑭᑎᑕᑦᐃᓂᑦ ᑲᑦᐊᑦᐃᒋᐃᑦᑲᑦᓯ

ᒥᑯᕐ ᐱᑐᑯ ᑭᒋ ᑐᒋᑲᑎᑦ:

- **ᒪᓯᓇᑦᐊᐱᑦᑲᐃᑲᓂ ᐊᐸᒋᑕᑦᐃᓇ:** ᓂᓂᓯᑐᑎᓇᑉ ᐊᑎᑊ ᐃᓂᓂᑦᐊᑦ ᐅᑲ ᐅᓇᑕᑦᐅᓂᑕᑭᑦ ᑭᒋ ᐱᒥᐸᓂᒋᑲᓂᑦᐊᓂᓂᑦ ᐅᐊᔭᒥᒋᑭᒋᑦ ᓄᑦᑕ ᐱᑯ ᑭᒋ ᒪᓯᓇᑦᐊᐱᑦᑲᐃᑲᓂᑦᐊᓂᓂᑦᓯ ᐅᑲ ᒪᑲ ᑦᐃᐱᒋᐸᓂᑦᑕᑭ ᑯᑕᑦ ᑲᓄᑯᑕᓂᑦᐊᑦ ᑲᑕ ᐊᐸᑕᑉ ᑭᒋ ᑭᑲᓇᑦᐊᐸᑕᒥᑦ ᑦᐃᑭᑦᐊᑦ ᑦᐊᓄᑦ ᑲ ᐃᑕᒋᑦ ᑦᐊᑯᒪᑲᓇᑦ ᒥᑦᑲᑉ ᐅ ᐊᔭᒥᒋᑭᑦᐃᑦᓯ ᑭᕐᑦᐱᑉ ᑲᕐᑭᑕᓂᑦᐊᑭ ᐅᒪ ᑭᒋ ᑐᒋᑲᑎᑦᓯ

- **ᐅ ᐃᑦᑲᓯᑲᑎᑦ ᒥᔭᑉ:** ᑲ ᐃᓱ ᐊᔭᒥᐊᔭᑉ ᐅᑯᒪ ᑭ ᑭ ᐃᑎᑕᑦ ᑭᒋ ᐃᑦᑲᔭᒪᑦ ᒥᔭᑦᓯ ᐅᒪ ᐅᑐᒋᑲᑎᑦ ᓇᑭ ᐸᑎᒪ ᑲᑕ ᑭ ᐊᔭᒥᒋᑲᓂᑦᐊᑉ ᑭ ᑭ ᐅᒋ ᐅᑦᑕᑦ ᑐᑕᒪᑉ ᑭᑦᑲᑉ ᐅᒪ ᐅᒋ ᐊᑯᓯᑦᐃᑉ ᑯᐱᑊ 19- ᑭᒋ ᐃᑕᒪᑲᑦᐃᔭᑉ ᑭ ᑭ ᑐᑕᒪᑉᓯ ᑭᒋ ᑭᒥᓄᐸᓂᔭᑉ ᐊᑦᑲᒥᓯᑦᐃᓂᑦᓯ

- **ᐱᑕᒪ ᐁᑭᐱᑎᓂᑲᑌᑦ:** ᐁᑯᑕ ᒪ·ᐊᒻ ᐁᔅᒥ·ᓇᔅᑦ ᐁ ᐊ·ᑲᒣᓂᒋᑲᑌᑦ ᐅᒪ ᐊᑯᓯ·ᐃᐣ ᑯᐱ′-19 ᐱᑕᒪ ᐁᑲ ᑭᒋ ᒋᐸᔭᒥᒋᑲᓂ·ᐊᑦx ᕐᑯᒻ ᑲᐣᑐᑯᓄᓂ·ᐃ ᐊᐸᑎᓯᒋᑦ ᐁᑲ ᐁᐸᑭᑎᓇᑭᑦ ᑭᒋ ᒪᒥᑎᑎᓇᓂ·ᐊᓂᓂᑦx ᐁ ᐊ·ᑲᒥᑲᒋᑲᑌᑭ ᐃᓂᓂ·ᐊᑦᑭᔭ ᓄᑦᑕ ᐃᓂᓂ·ᐊᑦx ᐁᑯᒋᑕᓂ·ᐊᑦ ᐁᑲ ᑭᒋ ᐃᑕ·ᑲᑦ ᐅᒪ ᐊᑯᓯ·ᐃᐣ ᑯᐱ′-19x ᕐᑯᒻ ᒧᓇ ᐅᒪ ᐃᑌᓂᑕ·ᒪᑦ ᐃᓂᓂ·ᐊᑦx

ᐅᒪ ᑭᑦᑭᓄᑕᐃ·ᐁ·ᐃᐣ ᐊᓂᑭ ᑲᒥᑯᒋᐸᔭᑎᑯᓯᓇᓱᒋᑦ ·ᐃᓇ·ᐊᑉ ᑲ ᑭ ᐸᑭᑎᓇᑭᑦ ᑲᑎᑕᕐ·ᐊᓂ·ᐊᓂᓂᑦ ᐁ ᐊᑎ ᑲᓇ·ᐊᐸᑕᑭᑦ ᑲᑎ·ᑕᓂ·ᐊᓂᓂᑦ ᒥᓯ·ᐁ ᐊ·ᐁᓂᑲᓇ ᑭᒋ ·ᐃᑕᒪ·ᐊᒋᑦ ᑲᐸᑭᑎᓇᒥᓂᒋ ᑭᒋ ᐅᑭᒪ·ᐃ ᐊᑐᑦᑫᓇᑲᓇx

ᕿ ᑭ ᐅᑎᓂᑲᑌᑭ ᕿ·ᑲᓇ:

1) ᒪᕐᑎᑦ ᓗᑦᓕ ᐃᓂᓂ·ᐊᑦ ᓄᑦᑕ ᐊᑐᑦᕿ·ᐃᓇ ᑲ ᐃᓱ ᑲᓇ·ᐊᐹᑲᑌᑭ ᑲ ᐃᑎᖅᑯᒋᑦ ᐃᓂᓂ·ᐊᑦ ᓄᑦᑕᑲ ᐃᓱ ·ᐊ·ᐃᒋᐃᒋᑦ ᐃᓂᓂ·ᐊᑦ ·ᐁᒥᑦᑎᑯᓱ·ᐊᑭᑦᑭᑦ ᑲᑕᓱᕿᒋᑦ ᑲ ᐃᓱ ᐃᑕ·ᑲᑭ ᐊᐸᑎᓯ·ᐃᑲᒥ·ᑲᒪᓂᑐᐸ ᐃᑌᕿ (2020)
2) https://www.cdc.gov/coronavirus/2019-ncov/community/tribal/faq-burial-practice.html
3) https://www.canada.ca/en/public-health/services/diseases/2019-novel-coronavirus-infection/guidance-documents/death-care-services-handling-dead-bodies.html#a1
4) ᓱᑭ·ᐁᐯᒥᑦ ᒥᓄᐱᒪᑎᓯ·ᐃ ᐊᑐᑦᕿ·ᐃᐣ ᐃᓂᓂ·ᐊᑦ ᓱᑭ·ᐁᐱᒥᑦ ᐃᓂᓂ·ᐊᑦ ᑯᐱ′19 (www.secwepemchealth.ca)
5) https://www.canada.ca/en/public-health/services/diseases/2019-novel-coronavirus-infection/prevention-risks/about-non-medical-masks-face-coverings.html
6) https://www.canada.ca/en/public-health/services/diseases/2019-novel-coronavirus-infection/symptoms/provincial-territorial-resources-covid-19.html