ᓄᕙᒡᔪᐊᕐᓇᖅ-19 ᓄᓇᖃᖅᑳᖅᓯᒪᔪᑦ

ᐱᔾᔪᑎᖓᑦ:

ᑖᓐᓇ ᑎᑎᖅᑲᖅ ᑐᑭᒧᐊᕈᑎᓂᒃ ᑐᑭᓯᒋᐊᖅᑎᑦᑎᕗᖅ ᐃᑲᔪᖅᑐᖅᑕᐅᕐᑯᓪᓗᒋᑦ ᓄᓇᖃᖅᑳᖅᓯᒪᔪᑦ ᓄᓇᓕᖕᒋᑦ ᐊᒻᒪᓗ ᐃᓚᒌᑦᑐᑦ ᐊᑦᑕᓇᖅᑕᐃᓕᒪᕐᑯᓪᓗᒋᑦ ᐃᓗᕕᖅᓯᐅᓇᐊᖅᑐᑎᓪᓗᒋᑦ ᓄᕙᒡᔪᐊᕐᓇᖅ-19 ᐊᐃᑦᑑᑖᓗᖃᑦᑕᑎᓪᓗᒍ.

ᖃᐅᔨᒪᑎᑦᑎᒋᐊᕈᑎ:

ᑲᓇᑕᒥ ᐃᓅᓯᕐᒧᑦ ᐊᓐᓇᐅᒪᔾᔪᑎᓕᕆᕙᑦᑐᑦ ᐃᑲᔪᖅᑎᖕᒋᑦ ᐃᓕᓴᖅᓯᓯᒪᕗᑦ ᐊᔾᔨᒌᙱᑐᒡᒍᑕᐅᓂᖕᒋᖕᓂᑦ ᓄᓇᖃᖅᑳᖅᓯᒪᔪᑦ ᐃᓄᐃᑦ ᑲᓇᑕᒥ. ᐊᑐᓂ ᓄᓇᓕᐅᔪᖅ ᐊᔾᔨᐅᙱᑦᑐᓂᑦ ᐃᓕᖅᑯᓯᖃᐅᖅᐳᖅ ᐃᓗᕕᖅᓯᐅᖅᑎᓪᓗᒋᑦ ᐊᒻᒪᓗ ᐱᖅᑯᓯᑐᖃᖅᑎᒍᑦ ᐃᓕᖅᑯᓯᖃᐅᕆᕗᖅ ᑕᐃᒪᐃᑦᑐᖃᖅᑎᓪᓗᒍ ᒪᓕᑦᑐᒋᑦ ᐃᓕᖅᑯᓯᖕᒋᖕᓄᑦ. ᓄᕙᒡᔪᐊᕐᓇᖅ-19 ᐊᐃᑦᑑᑖᓗᖃᑦᑕᑎᓪᓗᒍ, ᐃᑉᐱᒍᓯᑎᐊᕈᓐᓇᔾᔭᒃᐅᙱᓐᓇᑦᑕ ᑕᒪᒃᑯᓂᖓ ᐱᒻᒪᕆᐅᔪᓂᑦ ᐱᖅᑯᓯᑐᖃᖅᑎᒍᑦ ᐃᓕᖅᑯᓯᕆᔭᐅᓲᓂᑦ. ᐃᖅᑲᓇᐃᔭᖃᑎᒌᓪᓗᑕ, ᓇᓂᓯᔪᓐᓇᖅᐳᒍᓪᓕ ᐊᔾᔨᐅᙱᑦᑐᓄᑦ ᖃᓄᖅᑑᖅᓯᒪᔪᓂᑦ ᓱᖕᒋᐅᑎᒍᑎᓂᑦ ᐊᒻᒪᓗ ᐊᐃᑦᑐᖅᑕᐃᑦᑕᓕᑎᓪᓗᒍ ᓄᕙᒡᔪᐊᕐᓇᖅ-19 ᓄᓇᖃᖅᑳᖅᓯᒪᔪᑦ ᓄᓇᓕᖕᒋᖕᓂ ᐊᒻᒪᓗ ᐃᓚᒌᓂ, ᐃᓕᓴᖅᓯᓯᓐᓈᕐᓗᑕ ᐱᖅᑯᓯᑐᖃᖅᑎᒍᑦ ᐃᓕᖅᑯᓯᕆᔭᐅᓲᓂᑦ. ᓄᓇᓕᒻᒥᐅᑦ ᓯᕗᓕᖅᑎᖕᒋᑦ ᐅᖃᖃᑎᖃᕈᒪᔪᑦ ᓇᓕᐊᓐᓂᑐᐃᓐᓇᖅ ᐃᓱᒪᓗᑎᒋᔭᖕᒋᖕᓂ ᐅᖃᓚᕐᑯᔭᐅᕗᑦ ᑲᓇᑕᒥ ᐃᓅᓯᕐᒧᑦ ᐊᓐᓇᐅᒪᔾᔪᑎᓕᕆᕙᑦᑐᑦ ᐃᑲᔪᖅᑎᖕᒋᑕ ᐃᑲᔪᖅᑎᖕᒋᖕᓄᑦ, ᐅᕗᖓ **1-833-937-1597**.

ᐃᓗᕕᖅᓯᐅᕐᓂᖅ ᓄᕙᒡᔪᐊᕐᓇᖅ-19 ᐊᑦᑑᑕᐅᖃᑦᑕᑎᓪᓗᒍ

1) **ᐃᓅᖃᑎᔅᓯᖕᓂᑦ ᐅᖓᓯᒃᓴᕐᓗᓯ**: ᑲᑎᑦᑐᖃᕐᑯᔭᐅᙱᒃᑲᓗᐊᕐᒪᑦ ᐃᓄᖕᓂᑦ ᐅᖓᑖᓐᓂᓪᓗᑎᑦ ᐊᒥᓱᓂᖕᒋᑦ 5-10 ᐃᓄᐃᑦ ᐊᑦᑕᓇᙱᓛᒦᑯᓪᓗᒋᑦ. ᑖᒃᑯᐊ ᐃᓄᐃᑦ ᒪᓕᒋᐊᓛᑦ ᐊᑦᑐᐃᑦᑕᐃᓕᓗᑎᑦ ᐃᓅᖃᑎᒥᓂᒃ ᐊᒻᒪᓗ 2-ᒦᑕ ᐃᓅᖃᑎᒥᓂᒃ ᐅᖓᓯᒃᓴᖃᑦᑕᕐᓗᑎᑦ (ᐅᕙᓘᓐᓂᑦ ᐊᕕᑦᑐᖅᓯᒪᔪᓂ ᓇᓕᒧᓐᓂᖃᕐᓗᒋᑦ ᐊᔾᔨᖕᒋᑦ). ᐱᖃᓯᐅᔾᔨᕗᖅ ᑎᒍᑦᑕᓕᐃᓗᑎᑦ, ᐃᖅᑲᑦᑕᐃᓕᓗᑎᑦ, ᐅᕙᓘᓐᓂᑦ ᐃᓅᖃᑎᒥᓂᑦ ᐊᑦᑐᖅᓯᑦᑕᐃᓕᓗᑎᑦ ᐊᐃᑦᑑᑕᐅᖃᑦᑕᑎᓪᓗᒍ ᓄᕙᒡᔪᐊᕐᓇᖅ–19. ᓄᓇᓕᒻᒥᐅᑕᐅᔪᑦ ᐃᒡᓗᒥᐅᑕᐅᖃᑎᒌᑦᑐᑦ ᒪᓕᒋᐊᑐᖕᒋᑦᑐᑦ 2-ᒦᑕᒥᒃ ᐅᖃᓯᒃᓴᐊᖃᕈᑎᒥᒃ.

2) **ᑮᓇᑉᐸᑦ/ᑮᓇᕐᒧᑦ ᒪᑐᐊᑦ**: ᑮᓇᒃᐸᒃᓯᒪᓗᓂ/ᑮᓇᕐᒧᑦ ᒪᑐᐊᖅᓯᒪᓗᓂ ᐅᓗᓇᐊᓇᖅᑐᒧᖅᑕᐃᓕᒪᑎᑦᑎᒍᑕᐅᓯᓐᓈᓇᕗᖅ, ᐱᓗᐊᖅᑐᒥᒃ ᐅᖓᓯᒃᓴᐃᓐᓇᕕᒃᓴᐅᙱᒃᑲᓂ 2-ᒦᑕᓂᑦ ᐊᓯᔾᔨᖕᓂᑦ. ᐊᑦᑕᓇᖅᑕᒦᕐᒥᒃ ᑐᑭᓕᐊᖅᓯᒪᔪᒥᒃ ᓴᓂᒃᑯᕕᖃᕐᓗᓯ ᐃᒋᑕᐅᓂᐊᕐᒪᑕ ᐊᑐᖅᑕᐅᓯᒪᔪᑦ ᑮᓇᕐᒧᑦ ᒪᑐᐊᑦ ᐃᓗᕕᖅᓯᐅᑎᓪᓗᒋᑦ. ᐊᑦᑕᓇᖅᑕᒦᖑᕗᖅ ᐊᒻᒪᑎᑦ ᐅᐊᓴᖃᑦᑕᕐᓗᒋᑦ ᐅᕙᓘᓐᓂᑦ ᐃᒥᐊᓗᓕᖅᒥᒃ ᐊᒻᒪᓄᑦ ᐊᒋᐅᔾᔨᓗᑎᑦ ᐊᑎᓚᐅᖅᒋᓪᓗᒍ ᐋᓚᐅᖅᒋᓪᓗᒍᓗ ᑮᓇᒃᐸᑦ/ᑮᓇᕐᒧᑦ ᒪᑐᐊᑦ. ᑮᓇᕐᒧᑦ ᒪᑐᐊᑦ ᕿᐅᒃᑲᕈᓂ ᐅᕙᓘᓐᓂᑦ ᐃᐃᕈᕈᓂ ᐊᓯᔾᔨᖃᐅᑎᒥᓗᒍ ᐊᓯᐊᓂᑦ ᐊᑎᓯᓗᑎᑦ. ᓇᕿᒃᑯᕕᐅᒃ ᑲᓱᖅᑕᕈᑎᖓ ᓈᓴᐅᑎᓕᒃ 6 ᐃᓱᐊᓂ ᒪᑉᐱᒐᕐᒥ “ᖃᐅᔨᒋᐊᕐᕕᒥᓐᓂᑦ” ᑕᑯᓂᐊᕈᓐᓇᖅᑐᑎᑦ ᐅᓪᓗᒥᓕᓴᐅᓛᖑᔪᓂᑦ ᑐᑭᒧᐊᕈᑎᓂᑦ ᐊᒻᒪᓗ ᐃᑲᔫᑎᒃᑲᓐᓂᕐᓂᑦ ᐊᑐᓂ ᐊᕕᑦᑐᖅᓯᒪᔫᔪᓄᑦ ᐊᑐᕐᑯᔭᐅᔪᑦ.

3) **ᐅᐊᓴᐊᕐᕕᑦ**: ᐃᓄᐃᑦ ᐊᑦᑐᖅᓯᔭᕆᐊᖃᙱᑦᑐᑦ ᑮᓇᕐᒥᓂᒃ. ᐃᓄᒃ ᖁᐃᖅᓱᕆᐊᖃᕈᓂ ᐊᒻᒪᓗ/ᐅᕙᓘᓐᓂᑦ ᑕᒋᐅᒋᐊᖃᕈᓂ ᐊᑐᐃᓐᓇᐅᒪᑎᑦᑎᖃᑦᑕᕐᓗᓯ ᑲᒃᑭᐅᑎᔅᓴᓂᑦ ᐃᒋᑕᐅᑲᐅᑎᒋᔾᔪᓇᖅᑐᑦ ᐆᓕᒻᒧᑦ ᓴᓂᒃᑯᕕᒻᒧᑦ ᐊᒻᒪᑎᑦ ᐅᐊᓴᖃᓐᓂᓕᕐᒥᓗᒋᑦ. ᐃᓄᐃᑦ ᑲᔪᖕᒋᖅᓴᖅᑕᐅᔭᕆᐊᓖᑦ ᖁᐃᖅᓱᖃᑦᑕᕐᓗᑎᑦ ᐅᕙᓘᓐᓂᑦ ᑕᒋᐅᖃᑦᑕᕐᓗᑎᑦ ᐃᑯᓯᖕᒥᓄᑦ ᐅᕙᓘᓐᓂᑦ ᑲᑭᐅᑎᔅᓴᒧᑦ ᐊᒻᒪᓗ ᑮᓇᒃᐸᖕᓇᖕᒋᑦᑐᖅ/ᑮᓇᕐᒧᑦ ᒪᑐᐊᖓᓇᖕᒋᑦᑐᖅ. ᐊᒻᒪᓄᑦ ᐅᐊᓴᕐᕕᑦᑐᖅᓯᒪᔪᓂ ᐊᒻᒪᓗ ᓗᓕᓐᓂᑦ ᓴᓂᒃᑯᕕᒻᒧᑦ ᑕᑯᒃᓴᐅᔪᖅᑐᓗᓂ ᓇᓗᓇᐃᒃᑯᑕᖓᓂᒃ ᐊᒻᒪᑦ ᐅᐊᓴᖅᑕᐅᖕᒋᓐᓇᖅᑐᑦᑕᕐᑯᓗᒋᑦ. ᐊᒻᒪᓄᑦ ᐅᐊᓴᕐᕕᑦᑐᖅᓯᒪᒃᑯᓂ, ᐊᒻᒪᓄᑦ ᐊᒋᐅᒐᕐᒥᒃ ᐊᑐᕐᑯᔭᐅᖕᒐᖅᐳᑦ. https://www.canada.ca/en/health-canada/services/drugs-health-products/disinfectants/covid-19/hand-sanitizer.html

4) **ᓱᑯᑦᑎᐊᓃᓐᓂᖏᑦ**: ᐃᓗᕕᖅᓯᐅᖃᑦᑕᕐᓗᓯ ᓱᓚᒥ (ᐊᔪᕐᓇᙱᒃᑯᓂ) ᑕᐃᒪᐃᒃᑯᔅᓯ ᐃᓅᖃᑎᔅᓯᙱᓂᑦ ᐅᖓᓯᒃᓴᕈᓐᓇᑦᑎᐊᓂᖅᓴᐅᒐᔭᖅᑐᓯ ᐊᒻᒪᓗ ᐊᓂᕐᓂᖅ ᐊᐅᓚᓂᖅᓴᐅᓗᓂ. ᐱᒻᒪᕆᐊᔅᒻᒪᑦ ᖃᐅᔨᒪᑦᑎᐊᕐᓗᓯ ᑕᒪᐃᓐᓂᓕᒫᖅ ᓇᔪᖅᑕᐅᔪᖅ ᖁᐃᕋᓄᑦ ᑐᖁᓴᐃᒍᑎᓕᒻᒧᑦ ᐅᐊᓴᖅᑕᐅᖃᑦᑕᕐᓗᓂ ᐅᓪᓗᖅ ᐊᓂᒍᖅᐸᓪᓕᐊᑎᓪᓗᒍ, ᐱᓗᐊᖅᑐᒥᒃ ᐃᓄᓐᓄᑦ ᐊᑐᖅᑕᐅᓛᖓᓱᑦ. ᐋᖅᑮᒍᔅᓯ ᐃᓱᒪᒃᓴᖅᓯᐅᕈᓐᓇᕐᒥᔪᒥ ᖃᖓᒃᑯᑦ ᓴᓗᒻᒪᖅᓴᐃᓂᕐᒧᑦ ᐋᖅᑭᓱᖅᓯᒪᔪᓂᑦ ᓴᓗᒻᒪᒃᓴᖅᑕᐅᖃᑦᑕᕋᔭᕐᒪᑕ ᐊᒻᒪᓗ ᑎᓕᔭᐅᓗᑎᑦ ᐃᓄᐃᑦ ᓴᓗᒻᒪᖅᓴᐃᒍᔭᖅᑐᑦ. ᖃᑦᑏᓐᓇᐅᑎᖃᑦᑕᕐᓗᒋᑦ ᐃᓄᐃᑦ ᐊᒥᓲᓂᖏᑦ ᐅᐸᑦᑕᐅᒃᑲᔪᑦᑐᓂᑦ ᓱᕐᓗᒃ ᐊᓇᕐᕕᓐᓂ ᐊᒻᒪᓗ ᑯᖃᕐᕕᒻᒥ ᐊᒻᒪᓗ ᑎᑎᕋᖅᓯᒪᔪᖃᕐᓗᓂ ᑕᐃᒪᐃᒋᐊᖃᕐᓂᖏᖕᓂᑦ. ᐃᒃᓯᕙᐅᑕᐃᑦ ᖃᑦᑏᓐᓇᐅᑎᓐᓂᖅᓴᓇᓱᐊᕐᓗᒋᑦ ᐊᒻᒪᓗ ᐃᒃᓯᕙᕐᕕᑦ ᐅᖓᓯᒃᓴᓇᐊᖃᕐᓂᖏᑦ ᐃᖅᑲᐅᒪᑦᑎᐊᕐᓗᒋᑦ ᐊᒻᒪᓗ ᐅᐊᓴᖅᑕᐅᔭᓇᐊᖃᖅᑐᑎᑦ ᐊᑐᖅᑕᐅᑏᕋᐃᒍᑎᑦ ᑐᑭᒧᐊᕈᑎᖏᑦ ᒪᓕᓪᓗᒋᑦ.

5) **ᐅᐸᐱᕐᓂᖏᖕᓂᑦ ᐊᑐᖅᑐᑦ**: ᖃᐅᔨᒪᓇᑦᑎᐊᕐᑯᓪᓗᒍ ᐃᓅᖃᑎᒥᓂᒃ ᐅᖓᓯᒃᓴᑦᑎᐊᕐᓂᐊᕋᓗᐊᕐᒪᖔᑕ, ᐋᖅᑭᒃᓱᐃᔪᖅᑲᕐᓗᓂ ᑭᒃᑯᑦ ᑲᒪᖃᑦᑕᓂᐊᕐᓂᖏᑦ ᓱᕐᓗᒃ ᐱᖅᑯᓱᓇᔭᐅᔪᑦ ᒪᓕᑦᑕᐅᑎᓪᓗᒋᑦ ᐱᓕᓇᐊᒃᓴᖃᓇᐊᓖᑦ ᖃᖓᒃᑯᑦ ᐃᑯᒻᒪᒃᓴᐃᔨ, ᕿᓚᐅᔭᖅᑏᑦ/ᐃᙱᖅᑏᑦ, ᐊᐃᑦᑐᐃᔪᑦ ᐊᒻᒪᓗ ᑐᒃᓯᐊᖅᑐᑦ. ᑕᒪᑯᓂᖓ ᖃᓄᐃᓕᐅᕐᓂᖃᖅᑎᓪᓗᒋᑦ, ᐃᓅᖃᑎᒌᓂᑦ ᐅᖓᓯᒃᓴᐃᓐᓇᕐᑯᓗᒋᑦ, ᐊᒻᒪᓗ ᑕᐃᒪᐃᒍᓐᓇᕈᑎᑦ ᐃᓚᒌᑦ ᓇᓪᓕᑭᑦᑐᑎᑦ ᑕᐃᑯᙱᖓᖃᑦᑕᕐᓗᑎᑦ ᖃᓄᐃᓕᐅᕐᕕᐅᔪᒥᒃ. ᐋᖅᑮᔪᖃᕐᒥᓗ ᓱᑯᑦᑎᐊᓅᖅᓯᔪᓐᓇᕐᒪᖔᑕ ᐊᐃᑦᑐᖅᑕᐅᔪᓂᑦ ᐃᓄᐃᑦ ᐃᓚᐅᖃᑕᐅᔪᓐᓇᙱᑦᑐᓄᑦ.

ᓇᕿᒃᑯᕕᐅᒃ ᑲᓱᖅᑕᕈᑎᖓ ᓈᓴᐅᑎᓕᒃ 6 ᐃᓱᐊᓂ ᒪᐸᐱᒐᕐᒥ "ᖃᐅᔨᒋᐊᕐᕕᒥᓃᑦ" ᑕᑯᓂᐊᕈᓐᓇᖅᑐᑎᑦ ᐅᓪᓗᒥᓕᓴᐅᓛᖓᔪᓂᑦ ᑐᕈᒧᐊᕈᑎᓂᑦ ᐊᒻᒪᓗ ᐃᑲᔫᑎᒃᑲᓐᓂᕐᓂᑦ ᐊᑐᓂ ᐊᕕᑦᑐᖅᓯᒪᔫᔪᓄᑦ ᐊᑐᕐᑯᔭᐅᔪᑦ.

ᐃᓗᕕᖅᓯᐅᖅᑐᖃᖅᑎᓪᓗᒍ ᐊᑐᖅᑕᐅᖃᑦᑕᖅᑐᒥᓃᑦ ᐊᑐᖅᑕᐅᖃᑦᑕᓇᐊᖃᕈᓐᓃᖅᑐᑦ.

- **ᑕᑯᔭᐅᓗᓂ ᐃᓅᒍᓐᓃᖅᓯᒪᔪᑉ ᑎᒥᖓ**: ᑕᐃᒪᐃᑦᑐᖃᖃᑦᑕᑎᓪᓗᒍ ᑲᔪᙱᖅᓴᐃᑎᑦᑎᒍᑕᐅᓲᖑᒻᒪᑦ ᐊᒥᓱᑦ ᐃᓄᐃᑦ ᑲᑎᓪᓗᑎᑦ ᐃᒡᓗᑉ ᐃᓗᐊᓂ. ᐊᑐᕐᑯᔭᒻᒪᓇᐅᒐᓗᐊᖅᑎᓪᓗᒍ ᑕᐃᒪᐃᑦᑐᖃᙱᒃᑯᓂ ᐊᒻᒪᓗ ᐃᓅᖃᑎᒥᓂᒃ ᐅᖓᓯᒃᓴᓇᐊᖃᖅᑎᑦᑎᙱᒃᑯᑎᑦ, ᑕᒪᓐᓇ ᐊᑐᖅᑕᐅᕐᑯᙱᓪᓚᓇᑉᐸᕗᑦ ᐃᓄᐃᑦ ᑭᒃᑯᑐᐃᓐᓇᐃᑦ ᑕᑯᔭᖅᑐᕈᓐᓇᕐᓗᑎᑦ ᐃᓅᒍᓐᓃᖅᓯᒪᔪᑉ ᑎᒥᖓᓂᑦ.

- **ᓂᕿᒐᕐᓗᑎᑦ ᓂᓇᖃᑎᒌᓐᓂᐊᕋᒥᒃ/ᓄᓇᓕᓴᒥᐅᑦ ᓂᓇᕕᔾᔪᐊᖅᑐᑦ**: ᑕᐃᒪᐃᕐᑯᔨᙱᓚᒍᑦ ᓂᓇᕕᔾᔪᐊᖅᑐᖃᕐᓗᓂ ᓇᓕᐊᓐᓂᑐᐃᓐᓇᖅ ᑲᑎᑦᑐᓂᑦ ᐃᓅᖃᑎᒌᑦ ᓄᕙᓚᔪᐊᕐᓇᖅ-19 ᐊᐃᑦᑑᑖᓗᖃᑦᑕᑎᓪᓗᒍ. ᓂᕿᓂᒃ ᐊᐃᑦᑑᓯᐊᖅᑐᖃᕈᓐᓇᖅᑑᒐᓗᐊᖅ ᐃᓚᒌᓂᑦ ᑭᓯᐊᓂᓕ ᓇᒻᒥᓂᖅ ᐊᑲᐅᖅᓴᕈᕕᑦ ᐋᑕᐅᔪᓐᓇᖅᐳᑎᑦ ᓂᕿᓂᑦ.

- **ᐅᐊᓴᖅᑕᐅᓂᖓᑦ ᑎᒥᑉ**: ᐃᓚᒌᑦ ᐃᓅᒍᓐᓃᖅᓯᒪᔪᑉ ᑎᒥᖓᓂᑦ ᐅᐊᓴᐃᕐᑯᙱᓚᕗᑦ ᑐᕐᑯᓐᓂᕈᓂ ᐃᓄᒃ ᓄᕙᓚᔪᐊᕐᓇᖅ-19–ᒧᑦ, ᐊᒻᒪᓗ ᐃᖅᑲᓇᐃᔭᖃᑎᒋᔭᐅᓗᓂ ᓄᓴᓕᓐᓂ ᐱᔨᑦᑎᕋᖅᑎᖏᑦ ᑲᒪᒋᔭᐅᕐᑯᓪᓗᒍ ᑕᒪᓐᓇ ᐊᓯᐊᒍᖓᖅ.

ᐊᓯᐊᒍᖓᖅ ᐃᓗᕕᖅᓯᐅᖃᑕᐅᔪᓐᓇᖅᑐᑦ.

- **ᐊᑐᕐᓗᑎᑦ ᖃᕋᓴᐅᔭᕐᒥᒃ**: ᑐᑭᓯᐅᒪᕗᒍᑦ ᐃᓚᖏᑦ ᐊᕕᑦᑐᖅᓯᒪᐅᕐᓂᖏᑦ ᓄᓇᖃᖅᑳᖅᓯᒪᔪᑦ ᑕᕐᓇᓵᒃᓴᓕᐅᓇᐊᖃᖅᑎᑦᑎᕙᖏᒻᒪᑕ ᓂᐱᓕᐅᓇᔪᖃᖅᑎᓪᓗᑎᓪᓗ. ᐊᔪᕐᓇᖅᑉᐸᑉ ᐊᒻᒪᓗ ᓂᐱᓕᐅᓇᖅᑎᓪᓗᓂ, ᐊᑐᕐᑯᔨᒐᓗᐊᖅᐳᒍᑦ ᐃᖅᑏᓐᓇᖅ ᑕᑯᒃᓴᐅᑲᐅᑎᒥᔪᒃᑯᑦ ᐊᑐᕐᓗᑎᑦ ᓄᓇᓕᒻᒥᐅᑦ ᐊᒻᒪᓗ ᐃᓚᒋᔭᐅᔪᑦ ᐃᓚᐅᖃᑕᐅᒍᓐᓇᕐᓂᐊᕐᒪᑕ ᐃᓗᕕᖅᓯᐅᓂᕐᒥᒃ ᐊᖏᕐᕋᒥᓂᒃ ᐊᑦᑕᓇᖅᑎᑦᑐᒦᓪᓗᑎᑦ. ᑕᕐᓇᓵᒃᓴᓕᐅᕈᓐᓇᖅᑎᒃᑯᑎᑦ, ᓱᕐᓗᖃᐃ ᐃᖅᑏᓐᓇᖅ ᓂᐲᑦ ᑐᓴᖅᓴᐅᑲᐅᑎᒥᔪᑦ ᖃᕋᓴᐅᔭᒃᑯᑦ ᑐᓴᖅᓴᐅᑎᓪᓗᑎᑦ ᐅᕝᕙᓘᓐᓂᑦ ᑲᑐᔭᐅᓗᑎᑦ.

- **ᑎᒥᑉ ᐃᑭᑎᑕᐅᓂᖓ**: ᐅᐸᐱᓇᔭᓯ ᒪᓕᓪᓗᒋᑦ ᑕᐃᒪᐃᒍᓐᓇᑎᑦᑎᒍᑎᑦ, ᑎᒥ ᐃᑭᑎᑕᐅᑦᑯᒐᓗᐊᖅᐸᕗᑦ. ᑎᒥ ᐃᑭᑎᑕᐅᒍᓂ ᐃᓚᒌᓂᑦ ᐅᖓᕙᓇᐊᖅᓯᑎᑦᑎᒍᓐᓇᕋᔭᖅᑐᖅ ᐃᓗᕕᖅᓯᐅᓂᕐᒥᒃ ᐊᒻᒪᓗ/ᐅᕝᕙᓘᓐᓂᑦ ᐱᕕᖃᖅᑎᑦᑎᒃᑲᓐᓂᕐᓗᓂ ᐅᐸᓗᖓᐃᔭᐃᓗᑎᑦ ᐊᒻᒪᓗ ᐊᑐᖅᑕᐅᑦᑎᐊᕐᓗᑎᑦ ᓈᒻᒪᑦᑐᑦ ᒪᓕᑦᑕᐅᑦᑎᐊᕐᓗᑎᑦ ᓄᕙᓚᔪᐊᕐᓇᖅ-19 ᓄᓇᓕᒻᒥᐅᑦ ᐃᓗᕕᖅᓯᐅᖅᑎᓪᓗᒋᑦ ᑐᑭᒧᐊᕈᑎᖏᑦ ᐊᑦᑕᓇᖅᑎᑦᑐᒃᑯᑦ.

ᐊᓯᐊᒍᖓᖅ ᐃᓗᕕᖅᓯᐅᖃᑕᐅᔪᓐᓇᖅᑐᑦ.

- **ᐅᖓᕙᕆᐊᖅᑕᐅᓗᓂ**: ᐱᔭᕆᐊᑭᓛᖑᕗᖅ ᐊᒻᒪᓗ ᐊᑦᑕᓇᙱᓐᓂᖅᐸᖅ ᓄᕙᒡᔪᐊᕐᓇᖅ–19–ᒥᒃ ᐊᐃᑦᑐᐃᖃᑦᑕᐅᑎᔪᖅᙱᒍᓐᓇᕐᓗᓂ ᐅᖓᕙᕆᐊᑦᑎᐊᒻᒪᕆᓪᓗᒍ ᐃᓗᕕᖅᓯᐅᕐᓂᖅ ᐊᒻᒪᓗ ᖃᓄᐃᓕᐅᕈᑎᖃᕐᓂᖅ ᑲᓇᑕᒥ ᐊᕕᑦᑐᖅᓯᒪᔪᓂ ᐋᓐᓂᐊᖅᑕᐃᓕᒪᑎᑦᑎᔾᑉ ᐊᖓᔪᖅᑳᖓᑦ ᐊᒥᓱᓂᑦ ᑲᑎᑦᑕᐃᓕᒪᑎᑦᑎᒍᓐᓃᕈᓂ ᐊᒻᒪᓗ ᐊᑦᑕᓇᕈᓐᓃᖅᐸᑦ ᐅᑕᖅᑭᓗᓯ ᓄᓇᓕᒻᒥᐅᑦ ᑲᑎᒍᓐᓇᖅᓯᓗᑎᑦ. ᐱᐅᓛᖑᒐᔭᕋᓗᐊᖅᑎᓪᓗᒍ ᑕᒪᓐᓇ ᐊᑐᖅᑕᐅᒍᓂ ᐊᐃᑦᑐᐃᖃᑦᑕᐅᑎᑦᑕᐃᓕᒪᕐᑯᓪᓗᒋᑦ ᐃᓄᐃᑦ ᐊᒻᒪᓗ ᐊᐃᑦᑐᐃᙱᓪᓗᑎᑦ, ᐃᓕᓴᖅᓯᓯᒪᕗᒍᑦ ᑕᒪᓐᓇ ᐊᒥᓱᓄᑦ ᓄᓇᖅᑳᖅᓯᒪᔪᑦ ᐊᕕᑦᑐᖅᓯᒪᔪᖕᒋᓐᓄ ᐊᑐᖅᑕᐅᒍᓐᓇᙱᒻᒪᑦ ᐊᒻᒪᓗ ᓄᓇᖅᑳᖅᓯᒪᔪᑦ ᓄᓇᓕᖕᒋᖕᓄᑦ ᐊᑐᖅᑕᐅᕐᑯᔭᐅᕙᙱᑦᑐᓂ.

ᑖᒃᑯᐊ ᑐᑭᒧᐊᕈᑏᑦ ᑕᕝᕙᙵᖅᑐᑦ ᑲᓇᑕᒥ ᐃᓅᓯᕐᒧᑦ ᐊᓐᓇᐅᒪᔾᔪᑎᓕᕆᕙᑦᑐᑦ ᐃᑲᔪᖅᑎᖏᖕᓂᑦ ᑐᙵᕕᖅᑲᖅᑐᑦ ᖃᐅᔨᓴᖑᓯᒪᔪᑦ ᓇᓗᓇᐃᕈᑎᖏᑦ ᐊᑐᐃᓐᓇᐅᒪᔪᑦ ᐅᓪᓗᒥᓕᓴᑦ ᐊᒻᒪᓗ ᒪᓕᑦᑐᑎᑦ ᑐᑭᒧᐊᕈᑎᓕᐊᕆᔭᐅᓯᒪᔪᑦ ᐃᓄᐃᑦ ᑭᒃᑯᑐᐃᓐᓇᐃᑦ ᐋᓐᓂᐊᖅᑕᐃᓕᒪᑎᑦᑎᔾᔪᖕᒋᖕᓄᑦ.

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